INVESTITURE ACHIEVEMENT

**Friend Level**

RECORD JOURNAL

NAME:
Upon completion of the Investiture Achievement basic Friend level, you will receive the following items at investiture.

**FRIEND LEVEL PATCH**

**FRIEND LEVEL PIN & CHEVRON**

If you complete the Trail Friend Level (Advanced) you will receive the following at investiture.

**TRAIL FRIEND LEVEL (ADVANCED)**

**RIBBON BAR**

**WHAT IS THIS RECORD JOURNAL?**

This journal will become a history of your achievements as you complete the requirements for the Friend Level. This journal is about you, with spaces to record your thoughts and feelings as you learn more about God, yourself and other people. Because every person learns in different ways, this journal has a grid on every page so you can...

*draw*  *color*  *paint*  *write*  *paste*  *everywhere!*

*Have fun!*

© 2011 North American Division Corporation of Seventh-day Adventists Revised 4-12 | 7-16 ISBN# 978-1-57756-817-9

Printed in the U.S.A. Design and layout: Ryan Kerbs
1. Be in Grade 5 or its equivalent.

My name is

I go to school at

I was born on

Place a photo or draw your picture here.

I am in grade ___
2. Develop your devotional life.
   Study the Weekly Devotional Guide (weeks 1 – 13)
   and the book of Matthew utilizing printed or electronic resources.

Read the book of Matthew.

What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
What did I learn about God?

What did I learn about myself?

How can I apply this to my life today?

Week 1

IDENTITY

- Psalm 139
- John 14:12-31
- John 15:1-17
- Song of Solomon 7
- Deuteronomy 32
- Jeremiah 2

(Weeks 2-13 of Personal Growth start on page 25)
3. Memorize the Pathfinder Pledge & Law.

**Pathfinder Pledge**

By the grace of God,
I will be pure and kind and true.
I will keep the Pathfinder Law.
I will be a servant of God,
and a friend to man.

**Pathfinder Law**

The Pathfinder Law is for me to,
Keep the Morning Watch.
Do my honest part.
Care for my body.
Keep a level eye.
Be courteous and obedient.
Walk softly in the sanctuary.
Keep a song in my heart.
Go on God’s errands.

4. Learn the Pathfinder Song.

**Pathfinder Song**

Oh, we are the Pathfinders strong,
The servants of God are we
Faithful as we march along,
In kindness, truth, and purity
A message to tell to the world
A truth that will set us free,
King Jesus the Savior’s coming back
For you, and me!

© 1952. Henry T. Bergh

Download sheet music at
www.pathfindersonline.org/pathfinder-song
1. a. Memorize in order the names of the New Testament books of the Bible and know the four areas into which the books are grouped.

<table>
<thead>
<tr>
<th>Four Gospels</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matthew</td>
</tr>
<tr>
<td>Mark</td>
</tr>
<tr>
<td>Luke</td>
</tr>
<tr>
<td>John</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>History</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acts</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Twenty-one Letters (Epistle) of the New Testament</th>
</tr>
</thead>
<tbody>
<tr>
<td>Romans</td>
</tr>
<tr>
<td>1 Corinthians</td>
</tr>
<tr>
<td>2 Corinthians</td>
</tr>
<tr>
<td>Galatians</td>
</tr>
<tr>
<td>Ephesians</td>
</tr>
<tr>
<td>Philippians</td>
</tr>
<tr>
<td>Colossians</td>
</tr>
<tr>
<td>1 Thessalonians</td>
</tr>
<tr>
<td>2 Thessalonians</td>
</tr>
<tr>
<td>1 Timothy</td>
</tr>
<tr>
<td>2 Timothy</td>
</tr>
<tr>
<td>Titus</td>
</tr>
<tr>
<td>Philemon</td>
</tr>
<tr>
<td>Hebrews</td>
</tr>
<tr>
<td>James</td>
</tr>
<tr>
<td>1 Peter</td>
</tr>
<tr>
<td>2 Peter</td>
</tr>
<tr>
<td>1 John</td>
</tr>
<tr>
<td>2 John</td>
</tr>
<tr>
<td>3 John</td>
</tr>
<tr>
<td>Jude</td>
</tr>
</tbody>
</table>

Prophecy

Revelation

How many books are in the New Testament? ___
2. Memorize a Bible text for the following subjects:

**PRAYER**
- Matthew 6:9-13
- Mark 1:35
- 1 Samuel 12:23
- 1 Thessalonians 3:10
  - option __________

**DOCTRINE**
- John 10:10
- 2 Timothy 3:15
- Exodus 20:3-17
  - option __________

**RELATIONSHIP**
- Luke 2:52
- Luke 4:16
- Ephesians 6:1
- Psalms 51:10
- Psalms 16:8
  - option __________

**SALVATION**
- Ecclesiastes 12:1
- John 3:16
- 1 John 1:9
- Ezekiel 33:11
- John 17:15
  - option __________

**PROMISES/PRAISE**
- Psalms 107:1
- Psalms 103:13
- Philippians 4:19
- Isaiah 58:9, 10
- Psalms 84:1, 2
  - option __________

**BEHAVIOR**
- Proverbs 17:22
- Proverbs 12:22
- Philippians 4:4
- Proverbs 6:6
- Proverbs 28:14
  - option __________

**GREAT PASSAGES**
- Psalm 23
- Exodus 20:3-17
- Matthew 5:3-12
- Psalms 8:5-9
  - option __________
3. Participate in a skit on a story about the life of Jesus such as:

- Jesus in the temple at 12
- Jesus being tempted in the wilderness
- Jesus feeding the 5,000
- or another favorite story about Jesus

4. Learn about the worldwide Advent Awakening (late 1700s to 1844 time period) by identifying seven people and three events explaining why they are important.

<table>
<thead>
<tr>
<th>Seven important people</th>
<th>Three important events</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>a.</td>
</tr>
<tr>
<td>b.</td>
<td>b.</td>
</tr>
<tr>
<td>c.</td>
<td>c.</td>
</tr>
<tr>
<td>d.</td>
<td></td>
</tr>
<tr>
<td>e.</td>
<td></td>
</tr>
<tr>
<td>f.</td>
<td></td>
</tr>
<tr>
<td>g.</td>
<td></td>
</tr>
</tbody>
</table>

Advanced for Trail Friend

1. Complete Friend requirements.

2. Create a timeline showing the main events of the life of Jesus.

Use the timeline on the next page, or make your own.
Serving Others

1. In consultation with your leader, plan ways and find opportunities to spend time being a friend with someone in need.

   Who needs my friendship?

   How will I show him or her that I care?

   How may I help?

2. Spend at least four hours participating in projects that benefit the church or school.

   How I helped

<table>
<thead>
<tr>
<th>How I helped</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

   Serving Others

   FRIEND LEVEL RECORD JOURNAL
Who could I invite?

Where did we go and what happened?

1. Complete Friend requirements.

2. Bring someone who does not regularly attend church to a church program or activity.
Making Friends

1. Discover 10 qualities of being a good friend and share two that are most important to you.

   1.
   2.
   3.
   4.
   5.
   6.
   7.
   8.
   9.
   10.

2. Fulfill requirements #1, #2 and #3 of the Christian Citizenship Honor. (requirements below)

   Describe the national, state or provincial, AY, Pathfinder, and Christian flags.

   National
   State/Prov.
   AY
   Pathfinder
   Christian
Draw and color the flags.

National Flag

State or Provincial Flag

AY Flag

Pathfinder Flag

Christian Flag
Know how to display the national flag with two other flags under the following situations:

a. Camp out/camporee

b. Fair

c. Pathfinder Day program

d. Parade

Demonstrate how to fold and salute your national flag. Mention when and how it should be displayed.

Advanced for Trail Friend

1. Complete Friend requirements.

2. Complete the Christian Citizenship Honor, if not previously earned.
1. Learn the value of good nutrition and water by discussing and/or participating in the activities listed below:
   · The Choose My Plate Dietary guidelines
   · The daily servings for each food group
   · The importance of a balanced diet
   · The importance of drinking a healthy amount of water
   (these are requirements #1 and #6 of the Nutrition honor).

Build a healthy plate by following the current dietary guidelines.

Why is eating a balanced diet important?

Use www.choosemyplate.gov as a reference for filling your plate.
Use www.fruitsandveggiesmatter.gov — Interactive online tool for building a healthy plate
Why is drinking a healthy amount of water important?

How many cups of water should I drink per day?

Fill the number of cups needed daily.

2. Earn the Red Alert Honor.

3. Complete the Basic Water Safety OR Swimming Beginners Honor, if not previously earned.

Advanced for Trail Friend

1. Complete Friend requirements.

2. Participate in a lifestyle fitness program for your age such as:
   - President’s Challenge Active Lifestyle Program
   - Live Healthy Bermuda Kids
   - other __________________
1. a. Read Rom. 1:19, 20 and tell how nature reveals God’s character.

19 Because what may be known of God is manifest in them, for God has shown it to them.
20 For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and Godhead, so that they are without excuse

Romans 1:19, 20
NKJV, Pathfinder Edition

b. Find two other chapters in the Bible that demonstrate how nature reveals God’s character.

1.

2.
2. **Birds/Mammals** Set up a feeding station for the birds or mammals. Report on the types of visitors you observe for one week.

<table>
<thead>
<tr>
<th>DAY 1</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 2</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 3</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 4</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 5</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 6</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>DAY 7</th>
</tr>
</thead>
</table>
Advanced for Trail Friend

1. Complete Friend requirements.

2. **Seeds or Amphibians/Reptiles** Collect and identify 15 different kinds of seeds. **OR** Help set up and observe a terrarium for amphibians/reptiles.

3. Complete a nature honor at your skill level, not previously earned.
### Outdoor Living

1. Tie and know the practical use of 10 knots.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>2</td>
<td>7</td>
</tr>
<tr>
<td>3</td>
<td>8</td>
</tr>
<tr>
<td>4</td>
<td>9</td>
</tr>
<tr>
<td>5</td>
<td>10</td>
</tr>
</tbody>
</table>

2. Earn the Camping Skills I Honor.
1. Complete one honor at your skill level, not previously earned, in the area of Arts & Crafts or Household Arts. (Skill level 1)

2. Complete one honor at your skill level, not previously earned, in the area of Recreational, Vocational, or Outdoor Industries. (Skill level 1)
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
Week 3

**SELF-CONTROL**
- Proverbs 16
- Galatians 5
- Revelation 1-3
- Song of Solomon 8
- Romans 12

**What did I learn about God?**

**What did I learn about Myself?**

**How can I apply this to my life today?**
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
Week 5

DEPRESSION
- Psalm 42
- Isaiah 26
- Psalm 55
- Psalm 46
- Matthew 6:25-34
- Psalm 22

What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
Week 7

LONELINESS
- Joshua 11:9
- Joshua 21
- Zephaniah 3:14-20
- Psalm 111

What did I learn about God?

What did I learn about Myself?

How can I apply this to my Life today?
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?

Week 8

FEAR

- Matthew 14:13-33
- Psalm 81
- Isaiah 26:1-15
- Isaiah 30:1-18
- Isaiah 32
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
What did I learn about God?

What did I learn about Myself?

How can I apply this to my Life today?

Week 11

SIN
- Romans 3
- Romans 6
- Psalm 25
- Isaiah 1
- Isaiah 43-44
- Micah 7
Week 12
CHARACTER
☐ Matthew 5:1-12
☐ Proverbs 16:18
☐ Luke 12
☐ 1 Corinthians 10

What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?
What did I learn about God?

What did I learn about Myself?

How can I apply this to my life today?

Week 13
TEMPTATION
☐ Luke 10
☐ 1 Peter 5
☐ Ephesians 6:10-20
☐ Micah 7
Pathfinder Bear
#003810
$12.95

Multi-purpose tool
#003337
$11.95

LED Flashlight
#003338
$4.95

Whistle/Flashlight Keychain
#003333
$1.95

Carpenter's Keychain
#003334
$1.95

Shoulder Slingpack
#003331
$8.95

Holy Bible, Pathfinder Edition
#001140
$11.95

Pathfinder Pocket Guide
#000895
$8.99

AdventSource
402.486.8800