**Personal Growth**

1. Be in Grade 10 or its equivalent.
2. a. Develop your daily devotional life by studying the Senior Weekly Devotional Guide (weeks 27 – 52) and the book of Revelation utilizing printed or electronic resources.
   b. Journal your thoughts by asking questions such as:
   - “What did I learn about God?”
   - “What did I learn about myself?”
   - “How can I apply this to my life today?”
3. Illustrate the meaning of the AY Motto.
4. Illustrate the meaning of the AY Motto in an interesting way.

**Spiritual Discovery**

1. Write and share your personal testimony.
2. Memorize one key text for each of the following Bible teachings:
   - Second Coming of Christ
   - Seventh-day Sabbath
   - State of the dead
   - Law & Grace
   - Conversion
   - Judgment
   - Inspiration of the Bible
   - Spirit of Prophecy
   - The Saint’s Reward
3. Learn the principles of leading a person to Jesus.
4. Tell a story of a church pioneer to a group.

**Serving Others**

1. Fulfill one of the following honor requirements: #3 of Crisis Intervention, #4 of Community Improvement, #3 of Teaching, #3 of Rural Development.
2. Fulfill one of the following honor requirements: #4 of Crisis Intervention, #6 of Community Improvement, #5 or 6 of Teaching, #5 of Rural Development.

**Making Friends**

1. Through discussion and personal research examine your attitudes on two of the following topics:
   - Attitudes toward moral issues in sex and dating.
   - Self-concept as it affects choices of a husband/wife.
   - How peer pressure affects relationships with parents, family, other relatives and friends.
2. Fulfill requirements #5 and #6 of the Language Study Honor.

**Health and Fitness**

1. Under the guidance of an adult staff member, choose one of the following:
   - Teach the Red Alert Honor.
   - Teach requirement #1 of Health & Fitness for Friend.
   - Teach requirement #3 of Health & Fitness for Companion.
2. Complete a Health & Science honor not previously earned.
3. Complete the Basic Water Safety OR Beginner Swimming Honor, if not previously earned.

**Outdoor Living**

1. Under the guidance of an adult staff member, teach the Knot Tying Honor.

**Nature Study**

1. Read the story of Jesus’ childhood in *The Desire of Ages*, ch. 7, and relate it to the place of nature study in His education and ministry by giving orally before an audience an original nature lesson (parable) drawn from your observations.
2. **Spiders/Rocks and Minerals**
   - Complete a spider web study project.
   - OR Collect and identify 15 different kinds of rocks and minerals.

**Honor Enrichment**

1. Complete one honor at your skill level, not previously earned. (Skill level 2 or 3)
2. Complete one of the following honors not previously earned:
   - President’s Challenge Active Lifestyle Program
   - Live Healthy Bermuda Kids
   - Or similar program

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**LEVEL REQUIREMENTS**

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   b. Journal your thoughts by asking questions such as:
   - “What did I learn about God?”
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4. Illustrate the meaning of the AY Motto in an interesting way.

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